Laboratory test results are a critical component of patient care. These values help physicians diagnose disease and are critical to developing clinical guidelines that direct treatment options and are instrumental in ongoing efforts to improve and measure the quality of patient care. Most tests report a numeric value for healthcare providers to interpret and the range of numbers reported for a test for a certain condition may vary depending on the method used.

Different test methods, however, may report different numeric values for the same condition. Although these test results may be accurate within the context of its own method, this variation can create confusion for physicians and patients. Clinical laboratory test results need to be harmonized so that healthcare providers and the public receive the same numeric result regardless of the method or instrument used or the setting where it was performed.

Harmonized test results ensure that clinical guidelines based on the results of laboratory tests assure more reliable diagnoses and prevent treatment errors. In addition, harmonized clinical laboratory test results may prevent unnecessary — and expensive — follow-up diagnostic procedures and treatments that could arise due to misinterpretation of results.

Congress has demonstrated its support for this effort by providing CDC with $2 million every fiscal year for harmonizing test results since 2018. This funding has given the agency needed resources to advance harmonization for select hormone tests that will improve diagnosis and treatment for diseases such as hypothyroidism, chronic kidney disease, and osteoporosis.

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